



Chrono-Nutrition Switzerland

Dr. med. Tatjana Somborski | www.chrono-nutrition.com

Offer for Media

Would you like to test the chrono program for yourself?

"Chrono-Nutrition by Dr. Ana Gifing" is available FOR THE FIRST TIME EVER in Switzerland. Journalists who want to report on this newly available program are welcome to test the method themselves. To any interested media professionals, Dr. Tatjana Somborski offers the following (free) options in her Zurich practice:

- **General check-up:**
 - Professional analysis of body composition (fat, muscle, water, etc.)
 - Examination of key metabolic values
 - Testing of possible food intolerances
 - One-on-one consulting and implementation of the Chrono-Nutrition diet

- **Two-month treatment**
(for media professionals who want to lose weight) :
 - Professional analysis of body composition (fat, muscle, water, etc.)
 - Examination of key metabolic values
 - Testing of possible food intolerances
 - One-on-one consulting and implementation of the Chrono-Nutrition diet
 - Medical support during the two months
 - Review of metabolic levels and body composition after two months.

Any supplements and/or natural remedies are available at your own cost

For an initial appointment, contact our press office:

Press office Chrono-Nutrition Switzerland

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